**Frequently Asked Questions**

I provide psychological evaluations and consultations which are often required by fertility clinics and agencies for:

Intended parents

Gestational carrier candidates

Egg and Sperm donor candidates

**What are psychological evaluations and psychological consultations?**

The psychological evaluation involves a clinical interview, psychological testing with the Personality Assessment Inventory (PAI) and symptom screening measures such as the Beck Depression Inventory – II (BDI-II), test scoring, test interpretation, assimilation of interview and test data and a written report. Psychological consultation with Intended Parents involves a clinical interview.

**How long does the psychological evaluation or consultation appointment take?**

The psychological evaluation of a gestational carrier involves approximately 180 minutes with the candidate and partner. The psychological evaluation of and egg or sperm donor involves approximately 120 minutes with the candidate. These time estimates include both interview and testing time. Additional time is required for test scoring, interpretation, assimilation of data and observations, and evaluative report writing, this can mean an additional three hours of clinician time. Psychological consultations with Intended Parents involve approximately 90 to 120 minutes.

**When is Payment owed for the psychological evaluation or consultation?**

Payment for a psychological evaluation is due at the time of service. The financially responsible party should call to make payment arrangements at least 48 hours in advance of the appointment or the appointment may be cancelled. Please be advised that the full payment is due whether or not the candidate is determined to meet psychological guidelines for serving as a donor or carrier.

**Do you accept credit cards?**

Yes. I do accept credit cards with an additional office processing fee. If you would like to pay by credit card, please make payment arrangements prior to your appointment.

**Can I use insurance?**

Unfortunately, no. The focus of the session is on the candidate’s understanding of and suitability to fulfill a certain role rather than on diagnosing or treating a mental health condition. To reimburse for services, insurance companies require a billing code that reflects the diagnosis or treatment of a mental health disorder, which is not applicable in this case.

**If I have a partner, do both of us need to attend the appointment?**

Yes! For egg and sperm donor candidates previously known to their recipients and for all gestational carrier candidates who are either married or living with a partner, both members of the couple must attend the evaluation. All intended parent couples need to attend the appointment.

**Do I need to prepare ahead of time or bring anything to the appointment?**

You do not need to prepare for the appointment, as the appointment itself is an opportunity to discuss and explore the relevant issues. Your appointment confirmation email will include an intake paperwork attachment. Please complete the intake forms and bring them with you to your appointment.

**What if I need to cancel my appointment?**

Please give 48 hours cancellation notice if you will be unable to keep your appointment. Late cancellations will result in additional charges. Your reliability and responsibility with regard to your appointment is taken into consideration as part of the overall evaluation process.

**How long does it take for the results to be known and the report to be completed?**

Written report summaries are generally completed and sent to the appropriate parties within ten days of the evaluation appointment.